



Angela Henry

Zip Code: 46635

Zip Postal: 46635

Language: English

Populations Treated: Children, Adolescents/Teens, Adults, Families

Organization: The Center for Collaborative Healing, LLC

Treatment Options: In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Separation Anxiety, Social Anxiety Disorder, Stress, Tourette's Syndrome, Trauma, Trichotillomania, School Refusal, Body Focused Repetitive Behaviors, Anxiety, Autism Spectrum Disorder, Behavioral Issues, Body Dysmorphic Disorder, Depression, Emetophobia, Family Conflict, Generalized Anxiety Disorder (GAD), Health Anxiety, Intrusive Thoughts, MDD, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Phobias, Posttraumatic Stress Disorder (PTSD), Selective Mutism Disorder

Treatment Methods: Other, Cognitive Behavioral Therapy (CBT), EMDR, Exposure Therapy

Payment Options: Accepts Credit Cards

Address1: 53700 Generations Drive

Address2: STE: 200

Website: <https://angelahenrylcsww.com/>

City: South Bend

State/Province: Indiana

Country: United States

Degree: BA, LCSW

Preferred Pronouns: she/her/hers

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Office Phone: 574-514-7770

Telehealth: Indiana

Cell Phone: 574- 514-7770

Professional focus: Social Worker

ABOUT

Angela M. Henry, LCSW is a licensed clinical social worker practicing and serving clients in both Northern Indiana and Southern Michiana areas. She is in private practice, specializing in OCD and anxiety-related disorders, body-focused repetitive behaviors (BFRB's), Tourette Syndrome, as well as trauma. Angela is a certified EMDR therapist and has completed the Behavioral Therapy Training Institute through the IOCDF (International OCD Foundation) and is a graduate of the Professional Training Institute through the TLC Foundation for BFRBs (Body-Focused Repetitive Behaviors). She also completed specialized training from the Behavioral Therapy Institute (TS-BTI) in Comprehensive Behavioral Intervention for Tics (CBIT). She currently holds memberships with the IOCDF, TAA, TLC Foundation, EMDRIA, and the NASW. Angela resides in Granger, Indiana and when she is not working; she enjoys being in nature, singing, writing, and caring for her fur babies. She is a mom of three adult children and is an active board member of The Rhema Project; a not-for-profit serving to empower the female in Southern India.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

EMDR

Exposure Therapy

Other

POPULATIONS TREATED

Adolescents/Teens
Adults
Children
Families

DISORDERS AND SPECIALITIES

Anxiety
Autism Spectrum Disorder
Behavioral Issues
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Depression
Emetophobia
Family Conflict
Generalized Anxiety Disorder (GAD)
Health Anxiety
Intrusive Thoughts
MDD
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Posttraumatic Stress Disorder (PTSD)
School Refusal
Selective Mutism Disorder
Separation Anxiety
Social Anxiety Disorder
Stress
Tourette's Syndrome
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>