



Charles Mansueto

Zip Code: 20901

Zip Postal: 20901-4554

Language: English

Populations Treated: Children, Adolescents/Teens, Adults, Seniors, Families, LGBTQI

Organization: Behavior Therapy Center of Greater Washington

Treatment Options: Home Visits, In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Other, Trichotillomania, Attention-Deficit/Hyperactivity Disorder, Agoraphobia, Anxiety, Autism Spectrum Disorder, Bipolar Disorder, Body Dysmorphic Disorder, Depression, Generalized Anxiety Disorder (GAD), Hoarding, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Selective Mutism Disorder, Social Anxiety Disorder, Specific Phobias, Tourette's Syndrome

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Exposure Therapy, Medication Referral, Mindfulness

Payment Options: Accepts Credit Cards, Accepts Cash and/or Checks

Address1: Behavior Therapy Center of Greater Washington

Address2: 11227 Lockwood Dr

Website: <http://www.behaviortherapycenter.com>

City: Silver Spring

State/Providence: Maryland

Country: United States

Home Email: csm6@earthlink.net

Degree: PhD

Preferred Pronouns: he/him/his

Email: cmansueto@behaviortherapycenter.com

Office Phone: (301) 593-4040

Telehealth: Maryland

Cell Phone: 301-395-1794

Professional focus: Psychologist

ABOUT

Group provides CBT for OCD, anxiety disorders, trichotillomania and other OC spectrum disorders, depression, and behavior problems. Includes: individual, family, in-vivo, intensive and group therapy, testing and consultation. Options for in-office and Telehealth services

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Dialectical Behavioral Therapy (DBT)

Exposure Therapy

Medication Referral

Mindfulness

POPULATIONS TREATED

Adolescents/Teens

Adults

Children
Families
LGBTQI
Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Bipolar Disorder
Body Dysmorphic Disorder
Depression
Generalized Anxiety Disorder (GAD)
Hoarding
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Selective Mutism Disorder
Social Anxiety Disorder
Specific Phobias
Tourette's Syndrome
Trichotillomania
Other

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>