



Daniel Chazin

Zip Code: 19102

Zip Postal: 19102-3405

Language: English

Populations Treated: Adolescents/Teens, Adults, LGBTQI, Seniors

Organization: Center for Anxiety, OCD, and Cognitive Behavioral Therapy

Treatment Options: Phone Consultations, Telehealth, In Office

Disorders Treated & Specialty: Irritable Bowel Syndrome (IBS), Trichotillomania, Trauma, Tourette's Syndrome, Stress, Social Anxiety Disorder, Separation Anxiety, Posttraumatic Stress Disorder (PTSD), Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Misophonia, Intrusive Thoughts, Hoarding, Health Anxiety, Generalized Anxiety Disorder (GAD), Emetophobia, Depression, Body Focused Repetitive Behaviors, Body Dysmorphic Disorder, Anxiety, Agoraphobia

Treatment Methods: Telemental Health, Mindfulness, Intensive Exposure Therapy Protocols, Exposure Therapy, Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy for Insomnia (CBT-I), Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT)

Payment Options: Accepts Cash and/or Checks, Accepts Venmo/App-based Payment, Accepts Credit Cards

Address1: 1518 Walnut St

Address2: Ste 1702

Website: <https://anxietyocdphilly.com/>

City: Philadelphia

State/Province: Pennsylvania

Country: United States

Degree: PhD, ACT, ABPP

Preferred Pronouns: he/him/his

Email: doctorchazin@gmail.com

Office Phone: 215-360-3547

Telehealth: Wyoming, Colorado, Maryland, Maine, Kentucky, Kansas, Indiana, Illinois, Idaho, Georgia, Florida, District of Columbia, Delaware, Connecticut, Michigan, Arkansas, Arizona, Alabama, Oklahoma, Wisconsin, West Virginia, Washington, Virginia, Vermont, Utah, Texas, Tennessee, South Dakota, South Carolina, Rhode Island, Pennsylvania, Ohio, North Dakota, North Carolina, New York, New Jersey, New Hampshire, Nevada, Nebraska, Missouri, Mississippi, Minnesota

Cell Phone: 2675770013

Professional focus: Psychologist

ABOUT

Dr. Chazin is a licensed psychologist specializing in the cognitive-behavioral treatment of anxiety, obsessive-compulsive, and depressive disorders in adults and adolescents. He draws on effective, evidence-based treatments to help clients with a variety of problems, with a specialty in OCD, PTSD, panic, social anxiety, health anxiety, generalized anxiety/worry, specific anxieties (like driving and flying), compulsive hair pulling, and depression. Dr. Chazin is an expert in Cognitive-Behavioral Therapy (CBT) approaches, including Exposure and Response Prevention (ERP), Prolonged Exposure (PE), Dialectical Behavior Therapy (DBT), and Mindfulness. Dr. Chazin has authored multiple publications and given presentations at national and international conferences, and is an active member of the Association for Behavioral and Cognitive Therapies (ABCT) and the Anxiety and Depression Association of America (ADAA). He received his bachelor's degree from Yale University and his master's and doctoral degrees in clinical psychology from Rutgers University. He completed his clinical internship at the Boston Consortium in Clinical Psychology and the National Center for PTSD Behavioral Science Division, and his postdoctoral fellowship at the University of Pennsylvania's Center for the Treatment and Study of Anxiety.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)
Cognitive Behavioral Therapy for Insomnia (CBT-I)
Dialectical Behavioral Therapy (DBT)
Exposure Therapy
Intensive Exposure Therapy Protocols
Mindfulness
Telemental Health

POPULATIONS TREATED

Adolescents/Teens
Adults
LGBTQI
Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Depression
Emetophobia
Generalized Anxiety Disorder (GAD)
Health Anxiety
Hoarding
Intrusive Thoughts
Irritable Bowel Syndrome (IBS)
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Posttraumatic Stress Disorder (PTSD)
Separation Anxiety
Social Anxiety Disorder
Stress
Tourette's Syndrome
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards
Accepts Venmo/App-based Payment



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>