



Elizabeth Pearce

Zip Code: 07823

Zip Postal: 07823

Language: English

Populations Treated: Adults

Organization: Grace Behavioral Health LLC

Treatment Options: Telehealth, In Office

Disorders Treated & Specialty: Posttraumatic Stress Disorder (PTSD), Postpartum, Panic Attacks/Panic Disorder, Infertility, Generalized Anxiety Disorder (GAD), Family Conflict, Depression, Attention-Deficit/Hyperactivity Disorder, Anxiety, Trauma, Other

Treatment Methods: Other, Telemental Health, Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy (CBT)

Payment Options: Accepts Cash and/or Checks, Accepts Credit Cards

Address1: 1 Brookfield Glen Drive

Website: <https://www.gracebehavioralhealth.org>

City: Belvidere

State/Providence: New Jersey

Country: United States

Degree: PSYD, MA

Email: epearce@gracebehavioralhealth.org

Office Phone: (908) 652-5311

Telehealth: Wyoming, Wisconsin, West Virginia, Washington, Virginia, Vermont, Utah, Texas, Tennessee, South Dakota, Colorado, Indiana, Illinois, Idaho, Hawaii, Georgia, Florida, District of Columbia, Delaware, Connecticut, Kansas, Arkansas, Arizona, Alaska, Alabama, Nevada, South Carolina, Rhode Island, Pennsylvania, Oklahoma, Ohio, North Dakota, North Carolina, New Jersey, New Hampshire, Nebraska, Missouri, Mississippi, Minnesota, Michigan, Maryland, Maine, Kentucky

Cell Phone: 7178753766

Professional focus: Psychologist

ABOUT

Dr. Elizabeth Pearce, PsyD, NATC, CCTP is a Licensed Clinical Psychologist and certified in Narcissistic Abuse Treatment, Clinical Trauma Treatment, and has advanced training in Perinatal Mental Health. Dr. Pearce specializes in walking with survivors of emotional (and narcissistic) abuse and antagonistic relationship stress through the stages of identifying patterns of abuse and neglect, healing, and moving forward in your life and relationships. She works with clients to overcome the impact of trauma - whether recent, developmental, or complex - in their lives. Dr. Pearce also supports women in the childbearing years (pregnancy and fertility issues, postpartum mental mood and anxiety, birth trauma).

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Dialectical Behavioral Therapy (DBT)

Telemental Health

Other

POPULATIONS TREATED

Adults

DISORDERS AND SPECIALITIES

Anxiety
Attention-Deficit/Hyperactivity Disorder
Depression
Family Conflict
Generalized Anxiety Disorder (GAD)
Infertility
Panic Attacks/Panic Disorder
Postpartum
Posttraumatic Stress Disorder (PTSD)
Trauma
Other

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>