



James Reich

Zip Code: 94123

Zip Postal: 94123-3510

Language: English

Populations Treated: Adults

Organization: Stanford Department of Psychiatry and Behavioral Health

Treatment Options: In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Posttraumatic Stress Disorder (PTSD), Social Anxiety Disorder, Trauma, Panic Attacks/Panic Disorder, Agoraphobia, Anxiety, Attention-Deficit/Hyperactivity Disorder, Bipolar Disorder, Body Dysmorphic Disorder, Depression, Generalized Anxiety Disorder (GAD), Obsessive Compulsive Disorder (OCD)

Treatment Methods: Exposure Therapy, Interpersonal Therapy (IPT), Medication Management, Mindfulness

Payment Options: Accepts Credit Cards

Address1: 1988 Greenwich St

Website: <http://www.drreichpsychiatrist.com>

City: San Francisco

State/Providence: California

Country: United States

Home Email: james.reich@ucsf.edu

Degree: MD, MPH

Preferred Pronouns: he/him/his

Email: jreich1@comcast.net

Office Phone: 415 673-2950

Telehealth: California

Cell Phone: 14153092990

Professional focus: Psychiatrist

ABOUT

After many years working in universities, I returned to my home in San Francisco to work with patients. I still teaching at UCSF (Clinical Professor) and Stanford (Consulting Professor), but I earn my living in the outpatient treatment of anxiety and depressive disorders. I have many years of experience as well as many publications and presentations on psychiatric topics (please use link to my website for details). I do medication treatment and psychotherapy. My psychotherapy is flexible according to the needs of the patient and my styles include behavioral, cognitive, interpersonal and mindfulness. I enjoy my work and enjoy helping people get better.

ADDITIONAL INFORMATION

Although I do stand-alone medication treatment and stand-alone psychotherapy, I am an especially good choice for someone looking for both in one provider.

TREATMENT APPROACH

Exposure Therapy

Interpersonal Therapy (IPT)

Medication Management

Mindfulness

POPULATIONS TREATED

Adults

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Attention-Deficit/Hyperactivity Disorder
Bipolar Disorder
Body Dysmorphic Disorder
Depression
Generalized Anxiety Disorder (GAD)
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
Social Anxiety Disorder
Trauma

PAYMENT OPTIONS

Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>