



Kiesa Kelly

Zip Code: 37206

Zip Postal: 37206-1610

Language: English

Populations Treated: BIPOC, Adults, LGBTQI

Organization: ScienceWorks Behavioral Healthcare

Treatment Options: Telehealth

Disorders Treated & Specialty: Gender Identity, Trauma, Sleep Disorders, Posttraumatic Stress Disorder (PTSD), Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), LGBTQ+, Health Anxiety, Body Focused Repetitive Behaviors

Treatment Methods: Telemental Health, Mindfulness, Medication Referral, Exposure Therapy, Cognitive Behavioral Therapy for Insomnia (CBT-I), Cognitive Behavioral Therapy (CBT)

Payment Options: Accepts Credit Cards, Accepts Some Insurance

Address1: 1136 A Cahal Ave

Website: <https://scienceworkshealth.com/>

City: Nashville

State/Providence: Tennessee

Country: United States

Degree: PhD

Preferred Pronouns: she/her/hers

Email: kiesa.kelly@scienceworkshealth.com

Office Phone: 9312231095

Telehealth: Wyoming, Wisconsin, West Virginia, Washington, Virginia, Utah, Texas, Tennessee, Connecticut, Kansas, Indiana, Illinois, Idaho, Hawaii, Georgia, Florida, District of Columbia, Delaware, Kentucky, Colorado, Arkansas, Arizona, Alabama, New Hampshire, South Carolina, Rhode Island, Pennsylvania, Oklahoma, Ohio, North Dakota, North Carolina, New Mexico, New Jersey, Nevada, Nebraska, Montana, Missouri, Minnesota, Michigan, Maryland, Maine

Cell Phone: 6156363320

Professional focus: Psychologist

ABOUT

Culturally competent, integrated, evidence-based care for OCD and related disorders, PTSD, and insomnia.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Cognitive Behavioral Therapy for Insomnia (CBT-I)

Exposure Therapy

Medication Referral

Mindfulness

Telemental Health

POPULATIONS TREATED

Adults

BIPOC

LGBTQI

DISORDERS AND SPECIALITIES

Body Focused Repetitive Behaviors
Gender Identity
Health Anxiety
LGBTQ+
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
Sleep Disorders
Trauma

PAYMENT OPTIONS

Accepts Credit Cards
Accepts Some Insurance



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>