



Kim Miller

Zip Code: 33143

Zip Postal: 33143-4837

Language: English

Populations Treated: Children, Adolescents/Teens, Adults, Seniors

Organization: Kim H. Miller, Psy.D.

Treatment Options: In Office, Telehealth

Disorders Treated & Specialty: Trichotillomania, Other, Stress, Depression, Agoraphobia, Anxiety, Bipolar Disorder, Body Dysmorphic Disorder, Body Focused Repetitive Behaviors, Chronic Illness, Emetophobia, Family Conflict, Generalized Anxiety Disorder (GAD), Grief, Health Anxiety, Intrusive Thoughts, MDD, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, School Refusal, Separation Anxiety, Sleep Disorders, Social Anxiety Disorder

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Exposure Therapy, Interpersonal Therapy (IPT), Mindfulness, Other

Payment Options: Accepts Cash and/or Checks, Accepts Some Insurance, Accepts Credit Cards, Accepts Medicare, Sliding Scale

Address1: 6280 Sunset Dr

Address2: Ste 200

Website: <http://drkimhmilller.com>

City: South Miami

State/Providence: Florida

Country: United States

Degree: PSYD

Preferred Pronouns: she/her/hers

Email: drkimhmilller@aol.com

Office Phone: 305-801-3827

Telehealth: Florida

Cell Phone: 3058039616

Professional focus: Psychologist

ABOUT

I am a licensed Clinical Psychologist/ Neuropsychologist in private practice in the South Miami area. My therapeutic approach is based on cognitive behavioral therapy to help empower people to face life's challenges and gain a unique understanding of themselves and their environment. My clinical area of interests include mood and anxiety disorders, OCD/ERP, chronic health conditions, stress management, sleep disorder, pain management as well as improvement in general health and well-being. I believe that healthy lifestyle changes, mindfulness skills and effective coping strategies are important skills that can be learned and ultimately used to increase one's capacity to live a happy, healthy and meaningful life.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Interpersonal Therapy (IPT)

Mindfulness

Other

POPULATIONS TREATED

Adolescents/Teens
Adults
Children
Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Bipolar Disorder
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Chronic Illness
Depression
Emetophobia
Family Conflict
Generalized Anxiety Disorder (GAD)
Grief
Health Anxiety
Intrusive Thoughts
MDD
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
School Refusal
Separation Anxiety
Sleep Disorders
Social Anxiety Disorder
Stress
Trichotillomania
Other

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards
Accepts Medicare
Accepts Some Insurance
Sliding Scale



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>