



L. Kevin Chapman

Zip Code: 40241

Zip Postal: 40241

Language: English

Populations Treated: Adolescents/Teens, Adults, Families

Organization: The Kentucky Center for Anxiety and Related Disorders

Treatment Options: Home Visits, Phone Consultations

Disorders Treated & Specialty: Anxiety, Agoraphobia, Hoarding, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD)

Treatment Methods: Exposure Therapy, Intensive Exposure Therapy Protocols, Medication Referral, Mindfulness, Cognitive Behavioral Therapy (CBT)

Payment Options: Accepts Credit Cards

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State/Providence: Kentucky

Country: United States

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Degree: PhD

Preferred Pronouns: he/him/his

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Professional focus: Psychologist

ABOUT

Are you experiencing symptoms of anxiety, panic attacks or do you have a phobia? Do you obsess about things and engage in compulsions or rituals in an effort to have temporary relief? Do you have a difficult time parting with invaluable items or do you hoard? Do you obsess about actions being morally right or wrong? Are you anxious about speaking in front of others, interacting with new people, or afraid of performance situations? Do you worry more days than not? Have you been diagnosed with OCD, panic, social anxiety disorder or generalized anxiety disorder? If so, I can assist you. Visit www.drkevinchapman.com for more information.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

Medication Referral

Mindfulness

POPULATIONS TREATED

Adolescents/Teens

Adults

Families

DISORDERS AND SPECIALITIES

- Agoraphobia
- Anxiety
- Hoarding
- Obsessive Compulsive Disorder (OCD)
- Panic Attacks/Panic Disorder
- Posttraumatic Stress Disorder (PTSD)

PAYMENT OPTIONS

- Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>