



**Leah Susser**

Zip Code: 10605

Zip Postal: 10605-1504

Populations Treated: Other, Adults

Organization: Weill Cornell Medicine

Disorders Treated & Specialty: Other, Social Anxiety Disorder, Separation Anxiety, Posttraumatic Stress Disorder (PTSD), Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Eating Disorders, Depression, Bipolar Disorder, Attention-Deficit/Hyperactivity Disorder, Anxiety

Treatment Methods: Psychopharmacology, Medication Referral, Medication Management

Payment Options: Accepts Some Insurance

Address1: 21 Bloomingdale Rd

Website: <https://weillcornell.org/lusser>

City: White Plains

State/Providence: New York

Country: United States

Preferred Pronouns: she/her/hers

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#### ABOUT

Leah C. Susser, MD, is a reproductive psychiatrist and Assistant Professor of Clinical Psychiatry at Weill Cornell Medicine. Her clinical work, academic work, and teaching focus on increasing access to mental health care for perinatal women and for women with mood symptoms with fluctuations in hormones. She created a specialized perinatal mental health clinic within the NewYork-Presbyterian Hospital Westchester Behavioral Health Center (WBHC) Outpatient Department, which she continues to expand. This specialty clinic provides perinatal women with access to consultations as well as specialized, evidence-based mental health care at this vulnerable time in their lives, access which is otherwise unfortunately limited. Dr. Susser has published numerous articles in the field of reproductive psychiatry, both about perinatal mental health and about mood changes with hormonal changes. In addition, she is dedicated to mentoring trainees and teaching trainees about reproductive psychiatry.

#### TREATMENT APPROACH

Medication Management

Medication Referral

Psychopharmacology

#### POPULATIONS TREATED

Adults

Other

#### DISORDERS AND SPECIALITIES

Anxiety

Attention-Deficit/Hyperactivity Disorder  
Bipolar Disorder  
Depression  
Eating Disorders  
Generalized Anxiety Disorder (GAD)  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Posttraumatic Stress Disorder (PTSD)  
Separation Anxiety  
Social Anxiety Disorder  
Other

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#### PAYMENT OPTIONS

Accepts Some Insurance



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

*ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.*

*We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.*

*If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.*

*Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.*

*Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.*

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

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*For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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*The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.*

*The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.*

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#### HELPFUL LINKS

**ADAA Website**  
<https://adaa.org/>

**Tips and Questions About How to Chose a Therapist That's Right for You**

<https://adaa.org/finding-help/treatment/choosing-therapist>

**5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You**

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

**Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide**

<https://adaa.org/resources-news/from-adaa-experts/videos>

**Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

**Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

**ADAA Free Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

**Join a Free Support Community**

<https://adaa.org/find-help/support>

**Meet ADAA's Institutional Members**

<https://adaa.org/professionals/Institutional-Memberships>

**For Therapists: Watch ADAA's Find Your Therapist Video**

<https://youtu.be/Eq3zOzbfGoU>