Michael Thase

Zip Code: 19063
Zip Postal: 19063-4132
Language: English
Populations Treated: Seniors, Adults
Organization: Penn Psychiatry
Treatment Options: Telehealth, In Office
Disorders Treated & Specialty: Depression, Bipolar Disorder, Anxiety
Treatment Methods: Medication Management, Pyschopharmacology, Cognitive Behavioral Therapy (CBT)
Payment Options: Sliding Scale, Accepts Credit Cards, Accepts Some Insurance
Address1: 306 Glenwood Ave
City: Media
State/Providence: Pennsylvania
Country: United States
Home Email: michaelthase5@msn.com
Degree: MD
Preferred Pronouns: he/him/his
Email: thase@pennmedicine.upenn.edu
Office Phone: 4849957197
Telehealth: Pennsylvania, New Jersey
Cell Phone: 4849957197
Professional focus: Researcher

ABOUT

I have a small private practice based within the Mood and Anxiety Section of the Department of Psychiatry of the Perelman School of Medicine of the University of Pennsylvania. I provide consultations and do a small amount of follow-up care of people with mood and anxiety disorders. For an appt call 215-898-4301

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)
Medication Management
Pyschopharmacology

POPULATIONS TREATED

Adults
Seniors

DISORDERS AND SPECIALITIES

Anxiety
Bipolar Disorder
Depression

PAYMENT OPTIONS

Accepts Credit Cards
Accepts Some Insurance
Sliding Scale

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:
• Contact your primary care provider
• Check with your health insurance company
• Explore other reputable directories of licensed mental health professionals

Please Note:

• U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
• Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole propose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
https://adaa.org/

Tips and Questions About How to Chose a Therapist That's Right for You
https://adaa.org/finding-help/treatment/choosing-therapist

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You
https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTD, OCD and more!
https://adaa.org/resources-news/from-adaa-experts/videos

ADAA's Free Mental Health Webinars
https://adaa.org/resources-news/from-adaa-experts/webinars

Mental Health Personal Stories
https://adaa.org/educational-resources/from-our-community/stories-of-triumph

ADAA Free Newsletter Sign Up
https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community
https://adaa.org/find-help/support

Meet ADAA's Institutional Members
https://adaa.org/professionals/Institutional-Memberships

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!
https://youtu.be/Eq3zOzbfGoU