



Natasha Moharter

Email

natasha@ocd.xyz

Zip Code: 89113

Zip Postal: 89113

Language: English

Populations Treated: Adults, BIPOC, LGBTQI

Organization: The Online Counselor, PLLC

Treatment Options: Telehealth, Phone Consultations

Disorders Treated & Specialty: Suicidal Ideation, Agoraphobia, Anxiety, Emetophobia, Health Anxiety, Intrusive Thoughts, LGBTQ+, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Exposure Therapy, Telemental Health

Payment Options: Accepts Credit Cards, Accepts Cash and/or Checks

Address1: 7318 W. Post Road

Address2: Ste 211

Website: <https://ocd.xyz>

City: Las Vegas

State/Providence: Nevada

Country: United States

Degree: LPCC, NCC

Preferred Pronouns: she/her/hers

Email: natasha@ocd.xyz

Office Phone: 702-623-3623

Telehealth: Washington, California, Nevada, New Mexico, Vermont

Cell Phone: 7026233623

Professional focus: Counselor

ABOUT

I am a licensed counselor with 10+ years of experience in mental health and have specialized in treating OCD since 2021. My training includes advanced multi-day workshops, including through the International OCD Foundation's Behavior Therapy Training Institute (BTI). I have completed over a year of regular consultation with leading OCD specialists and continue to pursue ongoing education in evidence-based approaches such as ERP and ACT. I am dedicated to providing effective treatment and continually advancing my expertise to support individuals with OCD.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Telemental Health

POPULATIONS TREATED

Adults

BIPOC

LGBTQI

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Emetophobia
Health Anxiety
Intrusive Thoughts
LGBTQ+
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Suicidal Ideation

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>