



Robert Falk

Zip Code: 23112

Zip Postal: 23112-2163

Language: English

Populations Treated: Children, Adolescents/Teens, Adults, Seniors

Organization: Behavioral Health Partners

Treatment Options: Home Visits, In Office, Telehealth

Disorders Treated & Specialty: Body Focused Repetitive Behaviors, Body Dysmorphic Disorder, Misophonia, Obsessive Compulsive Disorder (OCD), Tourette's Syndrome, Trichotillomania

Treatment Methods: EMDR, Exposure Therapy, Intensive Exposure Therapy Protocols, Interpersonal Therapy (IPT), Medication Referral, Mindfulness, Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT)

Payment Options: Accepts Credit Cards, Accepts Cash and/or Checks, Accepts Medicare

Address1: 5931 Harbour Park Dr

Website: <http://www.drbofbalk.com>

City: Midlothian

State/Providence: Virginia

Country: United States

Degree: PhD

Preferred Pronouns: he/him/his

Email: bobsfalk@gmail.com

Office Phone: 804-639-1136

Telehealth: Virginia

Cell Phone: 8045125422

Professional focus: Psychologist

ABOUT

Dr. Falk's treatment program is dedicated to providing high-quality, efficient, and effective treatment for individuals with OCD and related disorders. Please see: <https://drbofbalk.com/treatment>

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

EMDR

Exposure Therapy

Intensive Exposure Therapy Protocols

Interpersonal Therapy (IPT)

Medication Referral

Mindfulness

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

Seniors

DISORDERS AND SPECIALITIES

Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Misophonia
Obsessive Compulsive Disorder (OCD)
Tourette's Syndrome
Trichotillomania

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards
Accepts Medicare



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>