



**Robin Joseph**

Zip Code: 29401  
Zip Postal: 29401  
Language: English  
Populations Treated: Families, Children, Adolescents/Teens, Adults, Seniors, Couples  
Organization: Private Practice  
Treatment Options: In Office  
Disorders Treated & Specialty: Generalized Anxiety Disorder (GAD), Anxiety, Attention-Deficit/Hyperactivity Disorder, Bipolar Disorder, Depression, Panic Attacks/Panic Disorder, Social Anxiety Disorder, Specific Phobias  
Treatment Methods: Cognitive Behavioral Therapy (CBT)  
Payment Options: Accepts Some Insurance, Accepts Credit Cards, Accepts Cash and/or Checks, Accepts Venmo/App-based Payment, Accepts Medicaid  
Address1: 45 B  
Address2: Gadsden St  
City: Charleston  
State/Providence: South Carolina  
Country: United States  
Degree: LPC  
Email: rmjphoto@aol.com  
Office Phone: 843-224-0502  
Telehealth: South Carolina  
Cell Phone: 8432240502  
Professional focus: Counselor

#### ABOUT

I have been in private practice for over 35 years helping the public with anxiety and depression. I primarily use cognitive behavioral therapy. I studied under Jerilyn Ross the founder of ADAA.

#### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

#### POPULATIONS TREATED

Adolescents/Teens  
Adults  
Children  
Couples  
Families  
Seniors

#### DISORDERS AND SPECIALITIES

Anxiety

Attention-Deficit/Hyperactivity Disorder  
Bipolar Disorder  
Depression  
Generalized Anxiety Disorder (GAD)  
Panic Attacks/Panic Disorder  
Social Anxiety Disorder  
Specific Phobias

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#### PAYMENT OPTIONS

Accepts Cash and/or Checks  
Accepts Credit Cards  
Accepts Medicaid  
Accepts Some Insurance  
Accepts Venmo/App-based Payment



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

*ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.*

*We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.*

*If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.*

*Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.*

*Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.*

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

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*For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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*The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.*

*The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.*

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#### HELPFUL LINKS

**ADAA Website**  
<https://adaa.org/>

**Tips and Questions About How to Chose a Therapist That's Right for You**

<https://adaa.org/finding-help/treatment/choosing-therapist>

**5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You**

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

**Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide**

<https://adaa.org/resources-news/from-adaa-experts/videos>

**Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

**Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

**ADAA Free Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

**Join a Free Support Community**

<https://adaa.org/find-help/support>

**Meet ADAA's Institutional Members**

<https://adaa.org/professionals/Institutional-Memberships>

**For Therapists: Watch ADAA's Find Your Therapist Video**

<https://youtu.be/Eq3zOzbfGoU>